

Heim	FAC Trainingsplan 2025/26						
Auswärts							
Süssenbrunn							
Bisamberg							
Sonstiges							
KW 19	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
	04.05.2026	05.05.2026	06.05.2026	07.05.2026	08.05.2026	09.05.2026	10.05.2026
KM							
AMA	18:00	18:00		19:30	17:00		WAF 10:30
Damen-KM					Sichtungstraining 19:00		
U18 NWZ	Kraftkammer/ On-Field	18:15 Rasen - Kabine 1	19:30	18:15 Rasen - Kabine 1		Amstetten 16:30	
U16 NWZ	18:00 Rasen - Kabine 1	Kraftkammer		18:00	18:00 Rasen - Kabine 1	Amstetten 14:00	
U15 JG 2011		18:00	Kraftkammer	Austria U14 18:30	18:00 KR - Kabine 2		SV Post 17:15
U14 JG 2012	18:00	Kraftkammer	18:00	17:00 KR - Kabine 2			SV Post 15:00
U14b - (U13) JG 2013		16:30	16:30		15:00	SV Post 12:00	
U13 - (U12) JG 2014	16:30		16:30	16:30		LAC-Inter 09:00	
U13-2 - (U12-2)							Essling 15:15
U12 - (U11) JG 2015		16:30		16:30 Rasen - Kabine 3	15:30 Kabine 2		LAC-Inter 10:30
U12-2 - (U11-2)						1210 Wien 10:30	
U11 - (U10) JG 2016	Mauer 17:00			16:30 Rasen - Kabine 3	15:30 Kabine 2		LAC-Inter 09:00
U11 -2 - (U10-2)	Mauer 18:30						LAC-Inter 09:00
U10 - (U9) JG 2017		16:30 Rasen	16:30 Rasen		16:30		LAC-Inter 13:30
U10-2 - (U9-2)							LAC-Inter 13:30
U9 - (U8) JG 2018		16:30 Kabine 2	16:30 Kabine 2		16:30 Rasen		LAC-Inter 12:00
U9-2 - (U8-2)							LAC-Inter 12:00
U8 - (U7) JG 2019	16:30 Rasen			16:30 Rasen		LAC-Inter 10:30	
U8-2 - (U7-2)						LAC-Inter 10:30	
KIGA	16:30 Rasen			16:30 Rasen			